

## 1<sup>ST</sup> ELWOOD STANDING CAMP KIT LIST

A standing camp occurs over two or more nights in one location, with accommodation in tents. Equipment will be conveyed by trailer & car to the site. A cooking area is set up and dining is in a dedicated eating shelter.

The Group will provide food, tents, and general equipment. The Patrols will prepare meals for themselves. This list describes what scouts need to bring from home.

### Pack in ONE large Kit Bag

#### Sleeping:

- Sleeping Mattress (thermorest or roll-mat)
- Sleeping Bag
- Camp blanket
- Inner Sheet (not essential)
- Pillow (not essential)

#### Eating:

Dilly Bag comprising lightweight:

- Plate
- Bowl
- Knife, Fork, Spoon
- Mug
- Two Tea Towels

#### Clothing:

- Underwear x 3
- Socks x 3
- Long pants x2
- Pyjamas/Tracksuit x 1
- Warm Fleece or jumper 1
- Windproof/Waterproof jacket x 1
- Shorts x 1 or 2
- Shirts/T-shirts x 3
- Sturdy hiking shoes (essential)
- Sneakers
- Thongs (for showers only)
- Towel
- Hat/Cap/Beanie (essential)
- Scout shirt and scarf – to be worn to and from the camp

#### Personal gear:

- Comb/Hairbrush
- Soap
- Deodorant
- Shampoo
- Toothbrush / Toothpaste
- Face washer
- Personal items
- Good torch and batteries (head torch is best)
- Plastic bags, for dirty or wet clothes
- Insect repellent

#### Carry the following in a day pack during the day:

- Day Pack
- Scout Green Record Book
- Personal first aid kit (See below)
- Sunscreen
- Filled Water bottle

#### Personal First Aid Kit:

- Personal medications
- 1 x triangular bandage
- 1 x 75mm crepe bandage
- Small wound dressing (No. 13)
- 10 x Band-Aids
- Blister bandaids (if required)
- 25mm waterproof tape
- 60mm Elastoplast dressing strip

#### Do Not Bring:

- Electronic toys or gadgets
- Phone
- Pocket knives
- Matches
- Aerosol cans
- Valuables
- Jewellery

These items are not need at camp. If scouts are found to be in possession of these items, leaders will collect them and return to scout at the end of the camp. No responsibility is accepted for loss or damage to these items.